Life Force International’s Herbal Body Wrap is a proprietary blend of 27 select minerals and herbs, including aloe vera. Aloe vera is scientifically proven to benefit skin. After properly preparing the Herbal Body Wrap mixture, the aloe vera helps to carry the other ingredients into the skin. Herbal Body Wrap is designed to detoxify the body, and in the process, you may experience toning and firming of your skin. Any toxins cleansed by an herbal body wrap can be secreted naturally through normal elimination channels. Some people experience inch loss and toning of the skin as a result of this process.

Not only is the skin your body’s largest organ, it is also amazingly absorbent. In fact, it is often the preferred delivery pathway for many medications. Many nutritional components are delivered via skin creams and ointments.

For thousands of years, body wraps have been used to cleanse, detoxify, and beautify. Today, more and more people are enjoying the relaxing, yet exhilarating, benefits of body wraps.

Your Home Spa – The Herbal Body Wrap is both a relaxing and invigorating experience. While wrapped, the moist warmth is soothing and aromatic. After about 60 minutes, the wraps come off to reveal a smoother, softer, and potentially reshaped version of you! You need only drink 8 glasses of water a day over the next 5 days to help maximize the effects.

As An Indulgent Bath – Try Herbal Body Wrap as a bath! Without someone to help wrap, it’s easier, though not quite as effective. Still, it imparts tremendous benefits to the skin, and is so soothing!

**Ingredients:**

Herbal Blend (alfalfa leaf, chickweed powder, gentian root, yarrow powder, comfrey root, cornsilk powder, capsicum powder, garlic powder, aloe vera concentrate, burdock root, dandelion root, echinacea purpurea flower, fennel seed, ginger root, parsley leaves, peppermint leaves, papaya leaves, red clover tops, bladderwrack, hawthorn berries, kelp, montmorillonite, passion flower, pau d’arco, rosehips, yellow dock, magnesium sulfate)*

*Ionic Trace Mineral Complex.

**NOTE:** In order to conduct a successful Herbal Body Wrap, you need to order two (2) sets of the Terry Wrap Cloths (SA 250). This product also has a video (SA 155) that explains in detail how to conduct a body wrap. Refer to the order form for more detail as well as pricing.
Potential Benefits From Ingredients That:
➤ Refresh and revitalize. \(^6,7\)
➤ Cleanse toxins from the skin. \(^9,10\)
➤ Can produce noticeable changes in body measurements. \(^12\)
➤ Can produce noticeable changes the appearance of cellulite. \(^37\)

Suggested Use:
Each container of Herbal Body Wrap is good for one full body wrap. Prepare the wrap by following the easy-to-read instruction guide, or by viewing the instructional video. Drink at least 6-8 glasses of water daily for the next 5 days to maximize the effects. Best results are obtained by doing a series of 3-4 wraps, approximately 3 to 5 days apart.
Note: Herbal Body Wrap can also be used as a rejuvenation bath.
Before Wrap Preparation: Wash your new wraps in a biodegradable detergent and dry. Do not use bleach. To protect the cloths we suggest to wash in a lingerie bag or a pillowcase. Set aside 1-1/2 hours for your body wrap.
Preparing the solution: Fill a stainless steel or porcelain cooker with a gallon of distilled or purified water and bring to a boil. Add the Herbal Body Wrap mixture and bring back up to the boiling point, stirring occasionally. Cover the cooker tightly and simmer the mixture for 15 minutes, stirring occasionally. Leave mixture covered and allow to cool until comfortable to the touch.
Applying the wrap: After soaking cloths, start at the ankle, wrapping upward. After 2 or 3 cloths cover with plastic wrap to keep in the heat. After body is completely wrapped, cover with blankets or towels if needed, your body should be kept comfortably warm, recline and relax for 60 minutes.

Caution:
Keep out of reach of children.
Herbal Body Wrap is NOT for internal consumption. It is recommended that one only stays wrapped for 60 minutes per session. Drinking 8 ounces of water for 5 days after the wrap is necessary to assist in the elimination of released toxins.

Shelf Life & Storage:
Unopened, the shelf life for a container of Herbal Body Wrap is 2 years. After preparing a body wrap, the shelf life for any unused solution is 10 days if refrigerated, or if frozen in a plastic container, it can be stored indefinitely.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

References:
This specific product or products have not been tested for any of the potential benefits listed herein. The following references apply to studies and/or research conducted with certain ingredients, or combinations of ingredients, used in formulating this product. Such ingredients may not be from the same source or processed in the same way as the ingredients used in this product.


34) (Red Clover) Triterpene saponins and flavonoids in the seeds of *Trifolium* species (Red Clover). Oleszek, W., Stochmal, A. *Phytochemistry.* 2002 Sep;61(2):165-70. (Red Clover)


*For Use in the US Market Only*